

**Vegetable Glycerin:** A valuable natural source ingredient with moisturizing and emollient properties, which can soften and soothe the skin and assist the epidermis in retaining moisture during the day and night.

**Essential Oils:** Essential oils are extracted from various parts of plants through a number of methods. Extraction concentrates the potent liquids until the end product (the essence of the plant) is poured into a small bottle. These oils have antibacterial, antiviral, antifungal, healing, hydrating, relaxing, invigorating and curative properties.

- **Bergamot:** Its fresh airy fragrance lifts the spirits immediately, used for anxiety, depression, mood swings and insomnia. It's an effective anti septic, antiviral and it aids in new skin cell regeneration. It is particularly effective at clearing acne, eczema, dermatitis, psoriasis and cold sores. The scent is fresh, citrus and refreshing.
- **Sweet Orange:** Antiseptic, antiviral, soothing, claming, uplifting of the spirits, relaxing and hydrating to the skin. It helps to reduce skin irritation and sensitivity, acne and cellulite.
- **Mandarin:** Delightful citrus freshness. It helps to tone, firm, cleanse skin and has a gentle sedative effect. Maintains a balance in the skins natural oils and helps to reduce acne and scars, age spots and wrinkles.
- **Sanguina Blood Orange:** Brightens and revives congested dull and aging skin. Extremely uplifting, comforting and a known antidepressant with stress relieving properties.
- **Neroli:** Suitable for every skin type, especially sensitive and inflamed skin. It stimulates new skin cell growth and helps to shed the old skin cells. Reduces dermatitis, stretch marks, fine lines and broken capillaries on the skin. Its very aromatic qualities help to relieve fatigue, depression, nervousness, fear, confusion and anxiety. It is also antiviral and antibacterial.

**Green Tea Extract:** This power packed antioxidant, with its catechin content penetrates the cells to prevent damage from the sun and from free radicals, thus slowing the aging of the skin. It also has strong anti-inflammatory properties to reduce swelling in the tissues (especially under the eyes), and to reduce irritation of sensitive skin. Studies have shown an improvement in the elastic tissue content of skin with use of green tea extract.

**Grapeseed Extract:** Wonder extract that repairs existing damage to the skin cells and to the skin. It has been shown to speed the healing of wounds by helping the body to regenerate damaged blood vessels and enhancing the formation of epidermal and connective tissue. The extract from the grape helps to reduce redness and inflammation in the tissue. Grapes contain vitamin C, chlorophyll and enzymes, which provide for antibacterial and soothing effects. The proanthocyanidins in the grape inhibit the breakdown of the skin from free radicals, thus preventing advanced skin aging.

**FEDERMAL**

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**R**three™

repair • restore • renew

## VITAMIN C COLLAGEN SERUM

*Specially formulated for all skin types and all areas of the body that need protection from sun damage.*

*A uniquely natural penetrating serum enriched with powerful peptides, 20% Ascorbic Acid (Vitamin C), hydrators, essential oils, antioxidants, lighteners and anti-inflammatory ingredients.*

The many benefits that come from daily use of this amazing formula include:

- Inhibiting UV aging and damage to the skin
- Reversing photo damage effects to the skin
- Infusing skin tissue with moisture
- Tightening and firming of the tissue
- Stimulating the production of collagen, helping the skin to remain plump without the formation of fine lines
- Astringent action for excess oils on the skin, and tightening of the pores
- Lightening the skin and balancing our skin tone
- Providing antibacterial and antiseptic properties
- Softening and inhibiting fine lines
- Increasing cell renewal



 **FEDERMAL™**

## INSTRUCTIONS FOR USE



Twenty percent Ascorbic Acid (Vitamin C) aids in preventing sun damage to the skin by destroying the free radicals that attack our skin cells when exposed to the UV rays. We suggest using this remarkable serum each morning after cleansing to arm the skin against damage. To aid in “spreadability”, one can add a drop of water to the serum before applying. Shake before use and apply everywhere on the face, neck chest, hands and arms to prevent sun damage. You can follow with your R|three™ moisturizing lotion and sun block (as the serum is not a sun block).

Since this is an ascorbic acid form of Vitamin C, watch for any signs of sensitivity to the skin, especially if you're out in direct sun. If this should occur, use the serum at night after cleansing and before using your moisturizing R|three™ lotion. With exposure to air, the residue on the inside of the cap may crystallize but this does not change its effectiveness, merely wash out the cap.

## *Every key ingredient has been selected because it has a specific purpose*

### **KEY INGREDIENTS INCLUDE:**

**20% Ascorbic Acid:** Vitamin C in this form and percent has proved to slow the aging of the skin by preventing sun damage. How does it prevent sun damage? When the UVA rays hit our skin free radicals are immediately formed and will attach to our skin cells and start to destroy them (thus causing aging to the skin). This unique C attacks these free radicals before they can attach to our cells, thus preventing damage and aging of the skin

**Palmitoyl Tripeptide-5:** (15% - an unusually powerful amount), most companies will reserve costs by using a much smaller percent (5% or less) of this expensive peptide. Consequently the skin will receive the maximum benefits of collagen stimulation and hydration. You will begin to see results of diminishing fine lines in all areas of the face, neck, chest and hands.

**Organic Aloe Vera:** Grown and processed organically, this gel is the leaf pulp from the inner portion of the aloe leaf. It has intense soothing, anti-inflammatory, cell regenerating and healing effects for all skin. It is extremely useful for all kinds of dermatitis, eczema and other skin conditions. Aloe also possesses the ability to interfere with the enzyme that produces melanin deposits in the skin, helping to prevent the formation of age spots and, stimulating collagen and regeneration of new skin cells.

**Witch Hazel:** One of the most beneficial “wonder plants” ever! Its healing properties may seem a little like “witch craft”. The plant is responsible for so many beneficial results in skin care that it is hard to name them all. Here are just a few: absorbs free radicals from the UVA and UVB rays, has anti-inflammatory and anti-itch properties, recommended for eczema, psoriasis, after shaving to soothe shaved irritated skin, cracked dry skin, treating insect bites, varicose veins and hemorrhoids, and antiseptic for skin and it controls bleeding of wounds, an astringent to help tighten pores and control oil production (useful for acne), even helps to limit bruising after an injury.

**Horse Chestnut Extract:** This potent extract has unique qualities for sensitive and easily irritated skin. It is an amazing anti-inflammatory (reducing swelling and improving circulation in puffy areas) and antioxidant (attacking the free radicals that damage our skin). It helps to strengthen the walls of our capillaries, thus preventing broken capillaries in the tissue. It increases the circulation in the skin promoting clear and even toned and nourished tissue.

**Hyaluronic Acid:** Known as the “key to the fountain of youth” for its hydrating and moisture retaining properties. It occurs naturally in our skin and body, but as we age it is depleted. It adds instant suppleness and moisture to the skin and encourages new skin cell growth!

**Camellia Oil:** This “beauty secret” from the wild flowers of the camellia plant found in the mountains of South Eastern Asia, has been used to help lighten age spots, prevent freckles and lines, minimize scar tissue, absorb free radicals (to prevent skin aging) and add incredible moisture to the skin. It penetrates into the deepest layers of the skin to restore our natural lipids (preventing water loss from the tissue) leaving skin smooth and supple and softening lines especially around the eyes and lips. It is high in vitamins A, B, and E and contains several minerals such as zinc, calcium, magnesium and iron. For men, camellia oil aids in preventing shaving burns. Great for all skin types, as it helps to normalize sensitive, irritated skin. It will not clog pores or cause acne.

**Joboba Oil:** Native Americans extracted the oil from jojoba seeds to treat sores and wounds centuries ago. It serves as an excellent moisturizing agent (as it easily penetrates the skin), leaving a rich velvety non-oily feel on the skin, and increasing the suppleness of the skin. It aids in keeping our skin's natural protective barrier intact by retarding water loss through the epidermis, and also promotes cellular renewal to slow aging. It minimizes wrinkles and dry skin, and improves skin elasticity and texture. It will not clog pores and is known as “liquid gold” as it balances oil to prevent acne.

**DMAE:** This amino acid triggers a response in the facial muscles, which creates skin and pore tightening. It has a cumulative effect to help reduce the progression of facial sagging and loss of elasticity.